

Certificate of Analysis

SAMPLE SUBMITTED: Nature's Plus SPIRU-TEIN Tropical Fruit Shake, #4585

DESCRIPTION: Orange, free-flowing powder

CONTROL #: 0511/0522110344-27

ANALYTICAL METHOD: HPLC, GC, AA, ICP, Colorimetric, TKN

RESULTS PER: 34 grams

INGREDIENT	CLAIM	RESULT	% OF CLAIM
Protein	14 g	14 g*	100
Vitamin C	60 mg	71.6 mg*	119
Niacinamide	20 mg	20.2 mg*	101
Vitamin B6	2 mg	2.12 mg*	106
Riboflavin	1.7 mg	1.7 mg*	100
Zinc	15 mg	17.3 mg*	115
Magnesium	80 mg	85 mg*	106
Manganese	5 mg	5.6 mg*	112
Thiamin	1.5 mg	1.7 mg*	113
Biotin	300 mcg	341 mcg*	114
Folic Acid	400 mcg	401 mcg*	100
Vitamin A	5,000 IU	5,104 IU*	102
Choline (bitartrate)	21 mg	23 mg*	110
Vitamin D	400 IU	449 IU*	112
Pantothenic Acid	10 mg	12 mg*	120
Vitamin B12	6 mcg	6 mcg**	100
Phosphorus	200 mg	212 mg**	106
Iodine	150 mcg	180 mcg**	120
Selenium	21 mcg	27.2 mcg**	130
Molybdenum	18.75 mcg	20.4 mcg**	109
Inositol	50 mg	59 mg**	118
Iron	4.5 mg	5.4 mg**	120
Chromium	18 mcg	19.7 mcg**	109
Calcium	300 mg	Identification established+	
Potassium	190 mg	Identification established+	
Vitamin E	30 IU	Identification established+	

INGREDIENTS: Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), fructose, natural color, natural pineapple and coconut flavors, citric acid, orange juice powder, oat bran, microcrystalline cellulose, psyllium, guar gum, spirulina, apple pectin, bee pollen, lecithin, lemon bioflavonoids, chlorophyll, papaya and bromelain. ++

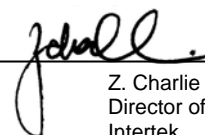
*TYPICAL ASSAY: An assay determination based on two or more lot numbers.

**ACTUAL ASSAY: An assay determination based on one lot number.

+IDENTIFICATION ESTABLISHED: Ingredient is identified by analytical method.

++BASED ON INPUT: Where no standard method can be performed, or in a combination product where there may be interference, quantities are verified by Nature's Plus.

Please see introduction of the Nature's Plus *Independent Laboratory Assay Reference Guide* for information on quality control.



Z. Charlie Li
Director of Food Testing
Intertek