

## Certificate of Analysis

**SAMPLE SUBMITTED:** Nature's Plus Tangerine Dream SPIRU-TEIN Shake, #4587  
**DESCRIPTION:** Fine, free-flowing, orange powder **CONTROL #:** 0511/0522110346-27  
**ANALYTICAL METHOD:** HPLC, GC, AA, ICP, Colorimetric, TKN  
**RESULTS PER:** 35 grams

INGREDIENT	CLAIM	RESULT	% OF CLAIM
Protein	14 g	14.4 g*	103
Pantothenic Acid	10 mg	12 mg*	120
Vitamin A	5,000 IU	5,433 IU*	109
Vitamin D	400 IU	431 IU*	108
Niacinamide	20 mg	25.1 mg*	126
Vitamin B6	2 mg	2.42 mg*	121
Riboflavin	1.7 mg	1.84 mg*	108
Vitamin C	60 mg	68 mg**	113
Zinc	15 mg	15 mg**	100
Calcium	300 mg	345 mg*	115
Magnesium	80 mg	85.7 mg*	107
Manganese	5 mg	5 mg**	100
Vitamin E	30 IU	37 IU**	123
Inositol	50 mg	52 mg**	104
Choline (bitartrate)	21 mg	22 mg**	105
Biotin	300 mcg	312 mcg**	104
Folic Acid	400 mcg	453 mcg**	113
Vitamin B12	6 mcg	6.5 mcg**	108
Thiamin	1.5 mg	1.7 mg**	113
Potassium	140 mg	157 mg*	112
Iron	4.5 mg	5.48 mg**	122
Selenium	21 mcg	25.2 mcg**	120
Phosphorus	200 mg	Identification established+	
Iodine	150 mcg	Identification established+	
Chromium	18 mcg	Identification established+	
Molybdenum	18.75 mcg	Identification established+	

**INGREDIENTS:** Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), fructose, tangerine flavor, freeze-dried pineapple pieces, xanthan gum, fructooligosaccharides (FOS), guar gum, psyllium, natural color, maltodextrin, oat bran, microcrystalline cellulose, spirulina, apple pectin, bee pollen, lecithin, lemon bioflavonoids, papaya, bromelain and chlorophyll. ++

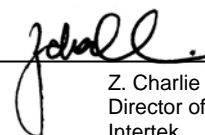
\*TYPICAL ASSAY: An assay determination based on two or more lot numbers.

\*\*ACTUAL ASSAY: An assay determination based on one lot number.

+IDENTIFICATION ESTABLISHED: Ingredient is identified by analytical method.

++BASED ON INPUT: Where no standard method can be performed, or in a combination product where there may be interference, quantities are verified by Nature's Plus.

Please see introduction of the Nature's Plus *Independent Laboratory Assay Reference Guide* for information on quality control.



Z. Charlie Li  
Director of Food Testing  
Intertek