

Certificate of Analysis

SAMPLE SUBMITTED: Nature's Plus Strawberry SPIRU-TEIN Shake, #4573

DESCRIPTION: Fine, free-flowing, pink powder

CONTROL #: 0511/0522110340-27

ANALYTICAL METHOD: HPLC, GC, AA, ICP, Colorimetric, TKN

RESULTS PER: 34 grams

INGREDIENT	CLAIM	RESULT	% OF CLAIM
Protein	14 g	14.6 g*	104
Vitamin C	60 mg	72.5 mg*	121
Riboflavin	1.7 mg	1.82 mg*	107
Zinc	15 mg	16.7 mg*	111
Niacinamide	20 mg	22.6 mg*	113
Vitamin B6	2 mg	2.22 mg*	111
Calcium	300 mg	394 mg*	131
Magnesium	80 mg	90.5 mg*	113
Potassium	110 mg	122 mg*	111
Manganese	5 mg	6 mg*	120
Vitamin D	400 IU	416 IU*	104
Thiamin	1.5 mg	1.7 mg*	113
Choline (bitartrate)	21 mg	23 mg*	110
Biotin	300 mcg	316 mcg*	105
Folic Acid	400 mcg	412 mcg*	103
Vitamin A	5,000 IU	5,021 IU*	100
Vitamin E	30 IU	34 IU**	113
Pantothenic Acid	10 mg	11 mg*	110
Phosphorus	200 mg	203 mg**	102
Iodine	150 mcg	180 mcg**	120
Selenium	21 mcg	27.2 mcg**	130
Inositol	50 mg	51.4 mg**	103
Iron	4.5 mg	5.16 mg**	115
Vitamin B12	6 mcg	Identification established+	
Chromium	18 mcg	Identification established+	
Molybdenum	18.75 mcg	Identification established+	

INGREDIENTS: Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), fructose, maltodextrin, beet juice powder, natural strawberry flavor, natural vanilla flavor, strawberry seeds, guar gum, psyllium, oat bran, microcrystalline cellulose, spirulina, apple pectin, bee pollen, lecithin, lemon bioflavonoids, papaya, bromelain and chlorophyll.++

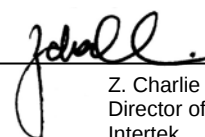
*TYPICAL ASSAY: An assay determination based on two or more lot numbers.

**ACTUAL ASSAY: An assay determination based on one lot number.

+IDENTIFICATION ESTABLISHED: Ingredient is identified by analytical method.

++BASED ON INPUT: Where no standard method can be performed, or in a combination product where there may be interference, quantities are verified by Nature's Plus.

Please see introduction of the Nature's Plus *Independent Laboratory Assay Reference Guide* for information on quality control.



Z. Charlie Li
Director of Food Testing
Intertek