



CONSUMER PRODUCT TESTING COMPANY

CPTCLABS.COM

ANALYTICAL · CLINICAL · MICROBIOLOGY · PHOTOBIOLOGY · TOXICOLOGY · CONSULTING

Certificate of Analysis

SAMPLE SUBMITTED: Nature's Plus SPIRU-TEIN Red Velvet, Prod #45904

DESCRIPTION: Powder

CONTROL#: Q14-4537-28

METHODOLOGY: HPLC, ICP-MS, Titration

RESULTS PER: 41 grams

INGREDIENT	CLAIM	RESULT	% OF CLAIM
Protein	14 g	19 g*	136*
Vitamin A	5000 IU	5000 IU [∞]	100 [∞]
Vitamin C	60 mg	60 mg [∞]	100 [∞]
Calcium	300 mg	300 mg [∞]	100 [∞]
Iron	4.5 mg	4.5 mg [∞]	100 [∞]
Vitamin D	400 IU	400 IU [∞]	100 [∞]
Vitamin E	30 IU	30 IU [∞]	100 [∞]
Thiamin	1.5 mg	1.5 mg [∞]	100 [∞]
Riboflavin	1.7 mg	1.7 mg [∞]	100 [∞]
Niacin	20 mg	20 mg [∞]	100 [∞]
Vitamin B6	2 mg	2 mg [∞]	100 [∞]
Folic Acid	400 mcg	400 mcg [∞]	100 [∞]
Vitamin B12	6 mcg	6 mcg [∞]	100 [∞]
Biotin	300 mcg	302 mcg*	101*
Pantothenic Acid	10 mg	10 mg [∞]	100 [∞]
Phosphorus	220 mg	220 mg [∞]	100 [∞]
Iodine	200 mcg	200 mcg [∞]	100 [∞]
Magnesium	80 mg	127 mg*	159*
Zinc	15 mg	16 mg*	107*
Selenium	21 mcg	46 mcg*	219*
Manganese	5 mg	5 mg [∞]	100 [∞]
Chromium	18 mcg	18 mcg [∞]	100 [∞]
Molybdenum	20 mcg	20 mcg [∞]	100 [∞]
Inositol	50 mg	50 mg [∞]	100 [∞]
Choline (bitartrate)	21 mg	21 mg [∞]	100 [∞]

Ingredients: Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), fructose, Natural Red Velvet Flavor Complex (cocoa, vegan cream flavor, natural flavors, stevia), beet juice, red velvet cake crumbs (enriched flour, natural flavor, vegetable oil, cocoa, salt, dextrose, sodium bicarbonate and soy lecithin), xanthan gum, di-calcium phosphate, potassium citrate, magnesium oxide, oat bran, microcrystalline cellulose, guar gum, psyllium, spirulina, vitamin C, vitamin E (d-alpha tocopheryl acetate), choline bitartrate, inositol, biotin, apple pectin, bee pollen, niacinamide, vitamin A palmitate, zinc oxide, manganese sulfate, ferrous fumarate, calcium pantothenate, lecithin, lemon bioflavonoids, pyridoxine HCl, chlorophyll, papaya, riboflavin, thiamine HCl, ergocalciferol, vitamin B12, folic acid, maltodextrin, fructooligosaccharides [FOS], potassium iodide, bromelain, chromium chloride, sodium molybdate, sodium selenite.[∞]

* ACTUAL ASSAY: An assay determination on one lot number by CPTC.

** BASED ON ASSAY: An assay determination performed on previous lots by CPTC.

*** HISTORICAL ASSAY: An assay determination performed on previous lots by a third party laboratory.

+ IDENTIFICATION ESTABLISHED: Ingredient is identified by analytical method.

∞ BASED ON INPUT: Where no standard method can be performed, or in a combination product where there may be interference, quantities are verified by Nature's Plus and not investigated by CPTC.

Please see introduction of the Nature's Plus *Independent Laboratory Assay Reference Guide* for information on quality control.

QA Signature

Manager Signature